



P-FLASH III[©]

Practical Front-Line Assistance and Support for Healing
for Mental Health Professionals Working with Adults after Disaster

In recent years, the nation's attention has turned more than ever before to issues surrounding terrorism, disaster and mass casualty. While much of the interest has focused on areas related to security, law-enforcement and safety of persons and property, behavioral health issues have clearly emerged as crucial factors in relation to disaster response and recovery, especially with regard to large scale events such as the World Trade Center bombing and Hurricane Katrina. Recent research has indicated preparedness is one of the most important elements of surviving a novel catastrophic event. This **one day** training will serve to prepare professionals in the health care arena for assisting the public and their own staff in handling the behavioral health issues related to a catastrophic public health emergency.

P-FLASH[©] is a program originally funded by the September 11th Fund to train NYC area behavioral health providers in post-9/11 disaster interventions. It is an empirically based, applicable, eclectic collection of user-friendly information presented in logical steps for disaster behavioral health response. *P-FLASH*[©] provides "road maps" for differentiating normative vs. pathological responses, identification & triage, and practical front-line disaster behavioral health intervention. *P-FLASH*[©] incorporates elements from existing crisis and disaster programs but bases its interventions on empirical data, especially addressing specific symptoms of PTSD. *P-FLASH*[©] is a flexible, user- friendly program that is tailored to the needs of populations and individuals affected by catastrophic events. "Road maps" for assessment and intervention give the clinician a graphic representation of decision points in these processes.

Additional information will be provided in the areas of crisis preparedness, crisis recovery and the structure of disaster mental health resources in Oklahoma.

Objectives

Upon completion, participants involved in this training will be able to:

- 1) Describe normative and pathological responses;
- 2) Discuss legal/ethical issues surround disaster response;
- 3) Identify "road maps" for evaluation, identification, & triage of cases;
- 4) Recognize front-line disaster mental health management skills; and
- 5) Utilize basic Psychological First Aid concepts in providing disaster services.

Instructors

Thomas R. Thomson, M.Ed., LPC, CPM has been with the Oklahoma Department of Mental Health and Substance Abuse Services since 1991 and has served in various capacities, including Coordinator of Community Support Services and Residential Care, Contract Officer and Program Manager for Domestic Violence and Sexual Assault Services. Mr. Thomson currently serves as Access Specialist, assisting consumers and their families in accessing ODMHSAS services as well as working closely with other state agencies and volunteer organizations to plan and organize the behavioral health response to natural and man-made disasters. Mr. Thomson has been involved with disaster response for the Department since 1993 and has been employed in the public mental health system since 1984.

Shane Wilson, Ph.D., LADC, is an ADSAC Assessor and a clinician with 21 years' experience. Dr. Wilson's areas of specialties include: PTSD; depression; oppositional defiant disorder; conduct disorder; bi-polar disorder; substance abuse; abuse and neglect of children; sexual offenders; and marital and family issues. Dr. Wilson's doctoral dissertation was: "The Relationship Between Post Traumatic Stress Disorder and Emergency Service Personnel Involved in a Critical Incident".

Shane is currently employed as Assistant Project Director for the FEMA-funded OK-Strong Crisis Counseling Program and helped to design the program from its' inception. Shane also volunteered with the initial mental health response to the central Oklahoma area affected by tornados and severe storms in Spring 2013.

Shane is married with 2 sons and his hobbies include coaching youth sports, farming and raising Bison.

Date and Location

Oklahoma City – May 23, 2014 – 8:30 – 4:30

This event will be at the ODMHSAS Training Center, Shepherd Mall, Suite 1F, 2401 NW 23rd Street, Oklahoma City, Phone: (405) 522-8300. Shepherd Mall is located at the corner of NW 23rd and Villa. Park and enter through the north end glass doors. Take the elevator to the 2nd floor, exit to the left and follow the hallway to the ODMHSAS Training Center, Suite 1F.

Continuing Education Credits

The ODMHSAS Institute for Mental Health and Substance Abuse Education and Training has approved six (6.00) credit hours through

- The Oklahoma State Board of Licensed Social Workers
- The Licensed Marital and Family Therapist Committee
- The Oklahoma State Board of Licensed Alcohol and Drug Counselors
- The Licensed Professional Counselors Committee
- The Oklahoma State Board of Examiners of Psychologists

Continuing education is also approved for six (6.00) credit hours for

- Case Managers
- Peer Recovery Support Specialists

How to Receive Your Certificate of Attendance

Certificates of attendance will be distributed at the end of the seminar. Participant evaluation forms and pre/ post-tests must be submitted in order to receive continuing education credit and a certificate of attendance. There is a \$5.00 charge to reissue a certificate.

Registration and Fees

Registration for participants is \$15.00 for the full-day training. A rate of \$25.00 will apply for all registrations received within one week of the workshop. Payment may be made by check, credit card or money order only. Current ODMHSAS employees are admitted at no charge.

By Mail: Mail the registration form to: ODMHSAS, 2401 NW 23rd St., Suite 1F, Oklahoma City, OK 73107.

By Fax: Faxed registrations are accepted at (405) 522-8320.

REGISTRATION FORM

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May 23, 2014

HOW TO REGISTER

By Mail:

ODMHSAS, Human Resources Development
2401 NW 23rd Street, Suite 1F
Oklahoma City, OK 73107

By Fax: Faxed registrations are accepted at **405-522-8320**,

By Email: Completed forms may be emailed to **Davon.Brown@odmhsas.org**.

REGISTRATION INFORMATION:

Name: _____

Home Phone Number: _____

Occupation or Job _____

Title: _____

Place of Employment: _____

Address: _____

City, State, ZIP: _____

Daytime Phone: _____

E-Mail Address: _____

I require special accommodations as follows:

PAYMENT

Please enclose registration payment. If paying by purchase order (PO), please mail or fax a copy of the purchase order with the name of the attendee(s) included on the PO. If paying by check or money order please make payable to ODMHSAS. Please check all boxes that apply. No Refunds. ODMHSAS employees attend free.

FORM OF PAYMENT

Check or Money Order

Purchase Order # _____

Credit Card (circle one):

Visa MasterCard

EARLY BIRD

RATE

\$15

\$15

\$15

REGULAR

RATE

\$25

\$25

\$25

ODMHSAS

EMPLOYEE

Credit card # _____

Expiration Date: _____

Cardholder signature: _____

For information, call Human Resources Development at 405-522-8300.