

LGBTQ2I SUMMIT



12/12/12

**Embassy Suites
2501 Conference Drive
Norman, OK 73069**



#squashsummit #prevention

FEATURED SPEAKERS



RANDY ROBERTS POTTS has worked with juvenile delinquents on the East Coast, was a social worker in Oklahoma City, spent five years as a middle school English teacher, and is now a freelance writer for several publications including *The Washington Post*, *Box Turtle Bulletin*, *The Advocate*, *This Land Press*, *D Magazine*, and others. Randy wrote about his coming out experience as the grandson of televangelist Oral Roberts in the recent *It Gets Better* book and spends his life trying to spread a message of hope to gay youth. He is also a public speaker and has spoken on a gay cruise, for gay pride, in churches, high schools, universities and LGBT centers across the country.



BRIAN ALTMAN leads the Substance Abuse and Mental Health Services Administration's (SAMHSA) Sexual and Gender Minority Interest Group in addition to being the Legislative Director for SAMHSA. In this capacity, Altman works closely with elected officials and constituency organizations to advance the nation's behavioral health services. Altman's career path includes experience representing a broad range of health care clients, including medical device corporations, professional associations, hospitals, community-based providers, public health advocacy organizations, and social science research entities. In addition, he's provided clients with strategic counsel on a variety of policy and advocacy issues in leadership roles at the Suicide Prevention Action Network USA (SPAN USA) and the American Counseling Association (ACA). Altman graduated from Duke University, cum laude, with a B.A. in public policy studies and received his J.D. from Georgetown University Law Center.

OVERVIEW

The 2012 LGBTQ2I Summit “Speak Out, Squash Doubt” will bring together local, state, and national leaders to discuss best practices and promising initiatives to support prevention of substance abuse and mental disorders and provide opportunities for wellness and recovery, among the lesbian, gay, bisexual, transgender, questioning, two-spirited, and intersex (LGBTQ2I) communities.

Research suggests that LGBTQ2I individuals face significant health disparities, particularly as this relates to prevention and treatment of substance abuse and mental health issues. This translates into higher rates of psychiatric disorders, substance abuse and suicide compared to the broader population. Experiences of violence and victimization are frequent for LGBTQ2I individuals, and have long-lasting effects on the person and our communities as a whole (Healthy People 2020, USDHHS).

The content and structure of this event are based on the Substance Abuse Mental Health Services’ (SAMHSA) Strategic Prevention Initiative. This one day event will inspire, motivate, and provide participants with practical tools they can utilize in their agencies and communities to assist with facilitating prevention, recovery, and overall wellness for diverse communities.

WHO WILL WANT TO ATTEND

The LGBTQ2I Summit will appeal to a broad audience of participants, especially those who work in the areas of prevention, treatment, recovery, and overall wellness, including behavioral health service providers such as Case Managers, Behavioral Health Rehabilitation Specialists, Therapists, Recovery Support Specialists, Substance Abuse Treatment Professionals, Psychologists, Psychiatrists, Administrators, Preventionists, Educators, Social Workers, Clergy, Criminal Justice representatives, Family Members, and Consumers.

SUMMIT SPONSORS

This conference is supported by the Oklahoma Department of Mental Health and Substance Abuse Services through grant funding provided by the Substance Abuse and Mental Health Services Administration (SAMHSA).

DATE and LOCATION

The conference will be held December 12, 2012, at the Embassy Suites Hotel and Conference Center, 2501 Conference Drive, Norman, Oklahoma 73069.

LODGING

The summit will be held December 12 at the Embassy Suites, Norman Hotel and Conference Center located at 2501 Conference Drive, Norman, Oklahoma 73069. Participants are responsible for making their own reservations. Guests may also make reservations by calling 405-364-8040, and asking for the group name “LGBTQ2I Summit.”

Directions to the hotel are available by clicking [here](#).

REGISTRATION and FEES

Please submit your registration as soon as possible. The regular rate for the summit is \$30. Fees for registrations on-site are not guaranteed as space is limited. Checks and purchase orders should be made payable to: **ODMHSAS**.

By Mail: Mail the registration form to: ODMHSAS, 2401 NW 23rd St., Suite 1F, Oklahoma City, OK 73107.

By Fax: Faxed registrations are accepted at (405) 522-8320.

Cancellation Policy: The registration fee will be returned only if notice of cancellation is provided in writing and postmarked no later than December 10, 2012. For more information, contact ODMHSAS at (405) 522-8300.

CALL for EXHIBITORS

Is your organization one you want others to know about? An exhibit at the 2012 LGBTQ2I Summit will introduce your organization to prevention and behavioral health treatment professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Stephanie McKinney, ODMHSAS Human Resources Development Division, at 405-522-8513 or e-mail her at ssavage@odmhsas.org.

CONTINUING EDUCATION

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training has approved a maximum of 6.50 credit hours through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, and the Licensed Marital and Family Therapists Committee. Continuing education hours are also approved for Certified Behavioral Health Case Managers and Certified Peer Recovery Support Specialists.

Please check in at the registration desk upon your arrival to verify your attendance. Continuing education credit is not provided without verification. At the completion of the summit, participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training.

SPECIAL ACCOMMODATIONS

Sign language interpreters or assistive listening devices are available by request. These or other requests for special accommodations should be indicated on the registration form. Summit organizers will contact you for specifics. Please register as early as possible if special accommodations are needed.

LIMITED REGISTRATION

In order for participants to receive information and participate in the various breakout sessions, registration will reach capacity at the first four hundred (400) registrants.

2012 LGBTQ2I Summit

Agenda

December 12, 2012

- 8:00 – 9:00 am **Check-in and Final Registration**
- 9:00 – 9:15 am **Introductions**
David Heath Holt, Community Advocacy and Wellness Coordinator
Oklahoma Department of Mental Health and Substance Abuse Services
- 9:15 – 9:30 am **Welcome Address**
Terri L. White, Commissioner
Oklahoma Department of Mental Health and Substance Abuse Services
- 9:30 – 10:15 am **Keynote** “Secrets Cost More Than They Are Worth”
Randy Roberts Potts, Freelance Writer
- 10:15 – 11:00 am **Plenary**
Brian Altman, Sexual and Gender Minority Interest Group Leader
Substance Abuse and Mental Health Services Administration
- 11:00 – 11:15 am **Morning Break**
- 11:15 – 12:15 pm **Provided Lunch** “Creating a Living Resource Guide”
Jaeson Post, HIV Prevention Educator
Red Rock Behavioral Health Services, Oklahoma City, OK
- 12:15 – 1:30 pm **(1) Concurrent Sessions**
- A – Health and Wellness for LGBT Oklahomans**
Toby Jenkins, Executive Director of Oklahomans for Equality, Tulsa, OK
- Participants will learn about addiction and recovery programs along with other health and wellness initiatives that engage communities, particularly the LGBT community, and improve the wellness for all Oklahomans. This session will feature information about the programs and services that Oklahomans for Equality (OkEq) provide specific to LGBT communities with an aim to engage individuals and families.
- B – Spirituality and Wellness in BGLT Communities**
Rev. Debbie Ingraham, Pastor, Epworth United Methodist Church, Oklahoma City, OK
Rev. Jonalu Johnstone, Program Minister, First Unitarian Church, Oklahoma City, OK
Rev. Dr. Kathy McCallie, Senior Pastor, Church of the Open Arms United Church of Christ, Oklahoma City, OK
Rev. Neill Spurgin, Senior Pastor, Expressions Church, Oklahoma City, OK
- A panel of ministers will explore the link between spirituality and wellness; and how these churches have utilized a welcoming environment to enhance mental health and help prevent substance abuse for BGLT people?

C –LGBTQI2 Youth and Bullying

Lisa Frey, Ph.D. Associate Professor and Director, University of Oklahoma
Deborah Dorton, M.Ed. Doctoral Student, University of Oklahoma

The purpose of this presentation is to provide an overview of bullying and bullying prevention, specifically as it relates to LGBTQI2 youth. The emphasis will be on systemic interventions, although strategies to empower youth (including bystanders to bullying) to be change agents will also be discussed. Session objectives include:

- Increase awareness of the prevalence of bullying targeting LGBTQI2 youth
- Increase knowledge of systemic approaches to bullying prevention and intervention
- Increase knowledge of strategies empowering youth to be change agents, including strategies that can be used by bystanders to bullying

D – Exploring Effective Therapeutic Options for LGBT Communities, a Primer

Paul Williams, MA NCC LPC, NorthCare, Oklahoma City, OK

This seminar provides a primer in Gay-Affirmative Therapy and the forming of treatment objectives that are unique to LGBT clients, as well as helping LGBT clients navigate through unique spiritual issues, family cultural constellations, and other efforts related to the LGBT person. Participants will:

- Learn views toward sexual orientation and gender identity in the mental health treatment field
- Define key principals of Gay-Affirmative Therapy
- Identify how clinical ambivalence, neutrality, or silence on the issue of sexual orientation and gender identity can harm LGBT clients
- Identify key clinical objectives that therapists should ensure are offered to LGBT clients to address in their course of therapy
- Learn specific affirmative clinical strategies to use in Gay-Affirmative Therapy
- Identify principal clinical rebuttals to “reparative therapy” for LGBT clients
- Identify clinical strategies to approach LGBT clients in the contexts of their complex religious and family constellations

1:30 – 2:45 pm

(2) Concurrent Sessions

A – Navigating the Road of Opportunities for LGBT Inclusion

Scott J. Hamilton, Executive Director Cimarron Alliance, Oklahoma City, OK

Participants will explore how to promote healthy LGBT communities through education and empowerment. The session will focus on the accomplishments made that support and include LGBT Oklahomans in the statewide effort to obtain overall wellness including how that relates to substance abuse and mental health issues, as well as examine emerging opportunities that create partnerships.

B – The Power of ONE - How YOU can Save a Life Using QPR

Karen Orsi, Director Oklahoma Mental Health and Aging Coalition, Oklahoma City, OK
Emilee Bounds, Health and Wellness Director Edward L. Gaylord Downtown YMCA, Oklahoma City, OK

QPR stands for Question, Persuade, and Refer -- 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of people like you have used QPR to save the life of a friend, colleague, sibling, or neighbor. Participants will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life
- List myths and facts about suicide
- Use techniques for discussing suicide with someone who may be at risk

C- *Art Therapy with Co-Occurring Disorders*

Michael J. Hanes, ATR-BC, LPC, Red Rock Behavioral Health Services, Oklahoma City, OK

The presentation will review key components of using art therapy with clients struggling with substance abuse and mental health disorders. The presenter will review actual art work produced by clients and discuss how art therapy is able to visually represent the client's current stage of change and how the art process is able to empower clients to change. Participants will learn:

- 5 key components of art therapy with AOD population
- 3 art therapy techniques to use with AOD population
- 4 principles of treating consumers with co-occurring disorders
- 5 stages of change and how that is visible in art therapy

D – *Finding Spiritual Wellness*

Rev. Karrie Oertli, D.Min, Director INTEGRIS Baptist Medical Center, Oklahoma City, OK

This session will allow participants to explore some of the barriers experienced when seeking spiritual support for behavioral health issues. Communities of faith are often the first place individuals turn at the onset of mental health and/or addiction issues. Nevertheless, some individuals are confronted with confusion on how to find support for recovery within a spiritual context. Participants will learn:

- How to support those who seek to find a spiritual path toward recovery
- Identify messaging that is counterintuitive to spiritual healing
- Develop a deeper understanding on how to encourage others to find spiritual clarity

E- *Substance Abuse Prevention*

Philip T. McCabe CSW, CAS, CDVC, DRCC, University of Medicine & Dentistry of New Jersey

This session will expose participants to the substance abuse prevention efforts from the Lesbian and Gay Community Services Center NYC and The National Voices and Faces of Recovery LGBT SpeakOut. Participants will become familiar with public health advocacy and community education within the LGBT communities in order to promote healthy

policies and practices regarding the prevention of alcohol, tobacco, and other drugs for the LGBT communities: Learning objectives include:

- Describe the substance use issues in the LGBT community
- Describe the prevalence of substance use in the LGBT community
- Describe strategies to reduce the influence of alcohol, tobacco, and other drugs in the LGBT community
- Assist participants with providing appropriate prevention services for the LGBT community

2:45 – 3:00 pm

Afternoon Break

3:00 – 4:15 pm

(3) Concurrent Sessions

A – *Why Should We Be Challenged?! (HIV Prevention and Education)*

Mary Arbuckle, Director, Other Options, Inc., Oklahoma City, OK

Information in this session will expose participants to:

- The importance of knowing one's HIV status
- How to reduce HIV risk behaviors
- How to support the experiences of LGBT people
- Strategies addressing the health and wellness of LGBT communities

B – *Challenges to Support Services for Transgender Communities*

Celeste Flemming, M Ed. Federal Aviation Administration, Oklahoma City, OK

This session will help participants develop an understanding of the challenges involved with providing support and behavioral health services to transgender individuals. In addition, participants will learn about the relationship between substance abuse and Gender Dysphoria. The emphasis of this session is on best practices and how to support people who are transitioning.

C – *Becoming an Ally to the LGBT Communities*

Kay Holladay, Regional Director of PFLAG, Norman, Oklahoma

Jason Martin, Oklahoma PFLAG State Coordinator, Norman, Oklahoma

Kim Brown, Children's Recovery Center, Norman, Oklahoma

Participants will be exposed to a national outreach and education effort created by Parents, Families and Friends of Lesbians and Gays (PFLAG) National related to the prevention of violence and bullying that targets members of the LGBT community. Participants will discover how to educate and empower people with ally-friendly resources that are responsive, engaging, and mitigate issues of violence and bullying. This session will focus on how straight allies can create a place where people can openly discuss and remove barriers to assist others- whether they are friends, family members, coworkers, or community members.

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4:15-4:30 pm

CEU Certificate Distribution

4:30-5:00 pm

Post Summit Institute

Follow-up: Sharing Successes and Areas for Improvement

Jaeson Post, HIV Prevention Educator, Red Rock Behavioral Health Services, Oklahoma City, OK

This session provides participants an opportunity to engage in a continued dialogue from the working lunch and the LGBTQI2 Workshop about the successes and barriers experienced regarding implementing prevention strategies, as well as available and needed resources to better promote wellness and recovery for all Oklahomans.

REGISTRATION

PLEASE MAIL OR FAX TO:

Human Resources Development Division
Institute for Mental Health and Substance Abuse Education & Training
2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107
Fax (405) 522-8320

Name: _____

Home Phone Number: _____

Occupation or Job Title: _____

Place of Employment: _____

Address: _____

City, State, ZIP: _____

Daytime Phone: _____

E-Mail Address: _____

**Note: If an e-mail address is included, a confirmation that your registration has been received will be e-mailed to you.

I require special accommodations as follows: _____

PAYMENT

Please enclose registration payment. If paying by purchase order (PO), please mail or fax a copy of the purchase order with the name of the attendee(s) included on the PO. If paying by check or money order please make payable to ODMHSAS. Please check all boxes that apply. **No Cash Please.**

FORM OF PAYMENT

REGULAR RATE

Check or Money Order \$30

Purchase Order # _____ \$30

Credit Card (circle one): \$30

 Visa MasterCard

Card Number: _____ Exp. Date: ____/____

Authorization Signature: _____

CONCURRENT SEMINAR PREFERENCES

Please check the box next to the workshop you would like to attend during each of the concurrent sessions listed below. Only one workshop should be entered per session.

- | | | | |
|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> Session 1A | <input type="checkbox"/> Session 2A | <input type="checkbox"/> Session 3A | <input type="checkbox"/> Post-Summit |
| <input type="checkbox"/> Session 1B | <input type="checkbox"/> Session 2B | <input type="checkbox"/> Session 3B | |
| <input type="checkbox"/> Session 1C | <input type="checkbox"/> Session 2C | <input type="checkbox"/> Session 3C | |
| <input type="checkbox"/> Session 1D | <input type="checkbox"/> Session 2D | <input type="checkbox"/> Session 3D | |
| | <input type="checkbox"/> Session 2E | | |

Exhibitor Registration Form
LGBTQ2I Summit
December 12, 2012
Norman, Oklahoma

Exhibitor Name: _____

Address: _____ City _____

State _____ Zip _____ Phone # _____

Email Address: _____

Name of Person Responsible for Exhibit: _____

Special Accommodations for Exhibit Space: _____

_____ None _____ Number of tables _____ Electricity _____ Internet

There is a \$25.00 fee for each amenity

The fee for exhibiting at the LGBTQ2I Summit will be

\$125.00 for Profit organizations

\$75.00 for Non-profit organizations

Please make checks payable to ODMHSAS, FEI # 73-6017987.

Mail to: ODMHSAS, HRD, Attn: Stephanie McKinney

2401 N.W. 23rd St., Suite 1F, Oklahoma City, OK 73107.

The fee for exhibiting includes one person's attendance to the conference. 1 table, 2 chairs, table cloth and skirt will be included. Table size is 6ft.

There is a \$25 fee for electricity, \$25 fee per fee for internet, \$25 fee per additional exhibitor table(s).

Exhibitors will be accepted on a first come basis.



Payment Method: Check Purchase Order # _____ Credit Card

Please Specify: Profit Non-Profit

Credit Card # _____ Exp. Date: _____

Cardholders Name: _____ Signature: _____

Exhibitor Registration Information

Name: _____

Home Phone Number: _____

Occupation or Job Title: _____

Place of Employment: _____

Address: _____

City _____ State _____ Zip _____