

What A Young Adult Can Expect

- Identifying the best transition Options that fit a young persons life goals
- Help gaining access to community services
- Support from a Transition Team
- Assessment of their Individual strengths



OHTI...
making goals a reality!

OKLAHOMA HEALTHY TRANSITIONS INITIATIVE



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Oklahoma Department of Mental Health
and Substance Abuse Services



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**Making Goals
a Reality for
Young Adults**

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Cleveland/McClain Counties
405-573-3812

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What will **OHTI** do?

The **OHTI** team will partner with each young adult to identify his or her strengths, needs, and transition goals.

This **OHTI** Transition Team and the young adult will identify supportive individuals in his or her life to help make transition a success!



SUCCESSFUL TRANSITION TO ADULTHOOD

Who is **OHTI** for?

OHTI is for Oklahoma young adults who:

- Are 16-25 years old
- Live in Cleveland, McClain, or Tulsa county
- Need support with transitioning to adulthood after aging out of a child/youth serving system
- Have mental health challenges

Making goals...



...a reality!



*For transition assistance
or to make a referral,
call or fax information
today!*