In partnership with the Oklahoma Conference of Churches, The Mental Health Association Oklahoma is bringing the popular "Caring for Your Congregation's Mental Health" series to Oklahoma City

Ministry During a Mental Health Crisis

A two-day seminar for faith community leaders, staff, chaplains, and lay leaders

October 25-26, 2016

St. Paul's Episcopal Cathedral

127 NW 7th Street ~ Oklahoma City, OK 73102

Tuesday, October 25, 2016

Mental Health First Aid

8:00 AM – 5:00 PM

Learn skills to help someone who is developing a mental health problem or experiencing a mental health crisis

- What symptoms might a person experience or display when struggling with a mental health issue or crisis?
- Learn a 5-step strategy to assist an individual until appropriate professional help arrives
- Single day cost: $12 (includes lunch)

Wednesday, October 26, 2016

Local Resources for Help and Healing

8:00 AM – 4:30 PM

Learn about practical local resources to help with mental health crises including:

- Suicide prevention and post-vention programs
- Emergency Orders of Detention, the Crisis Intervention Team, Assisted Outpatient Treatment
- Resources for those who have served in the military and resources following disasters
- Single day cost: $12 (includes lunch)

For the event **SCHEDULE and to REGISTER**
go to: www.okchurches.org and click on
"Events and Trainings" at the top of the page

For more information, contact:
Karen LaPlante, (918) 382-2411

MENTAL HEALTH ASSOCIATION OKLAHOMA

Oklahoma Conference of Churches