



MINDFULNESS AND THE SPIRITUAL BRAIN

November 1, 2013
8:30—4:30

Tools for Recovery

Join **Wiley Harwell**, Executive Director of the Oklahoma Association for Problem Compulsive Gambling for this workshop focusing on a healthy state of mind when it is not in “action” in its unhealthy pursuit of addiction. This workshop will be of particular interest to counselors who are working with individuals that are in recovery from substance dependence and/or gambling disorders.

ODMHSAS Training Institute | 405.522.8300 | 2401 NW 23rd Street, Suite 1F (Shepherd Mall—2nd Floor North)

Oklahoma Department of Mental Health
and Substance Abuse Services

Purpose

The Mindfulness and the Spiritual Brain: Tools for Recovery workshop focusses on a healthy state of mind when it is not in “action” in its unhealthy pursuit of addiction. This workshop will be of particular interest to counselors who are working with individuals that are in recovery from substance dependence and/or gambling disorders.

Facilitator

Wiley D. Harwell

Facilitator Bio

Wiley D. Harwell is the Executive Director of the Oklahoma Association for Problem and Compulsive Gambling (OAPCG). Wiley has a Doctor of Ministry degree from Southern Methodist University, a Masters of Divinity from Southern Seminary in Louisville, Kentucky and a bachelor’s degree from Wayland Baptist University. Wiley is a licensed professional counselor, a certified employee assistance professional, holds advanced certification in hypnotherapy, and is a National Certified Gambling Counselor-I.

Wiley has served as the director of employee assistance programs for twenty years and has provided counseling to employees and family members for over fifty companies. During that time, he has provided training programs to these companies and currently leads trainings for tribal casinos and well as continuing education for mental health professionals on problem gambling. OAPCG is the official affiliate of the National Council on Problem Gambling, and Wiley is a board member. As the Executive Director of the OAPCG, Wiley supervises the Oklahoma Heartland Helpline, leads trainings for gambling counselor certification works with tribes to promote responsible gambling, promotes awareness for problem gambling to the public and government officials, and works in cooperation with the Oklahoma Department of Mental Health and Substance Abuse Services as an advocate for all aspects of problem gambling issues.

Date and Location

Oklahoma City – November 1, 2013

ODMHSAS Training Center, Shepherd Mall, Suite 1F, 2401 NW 23rd Street, Oklahoma City, Phone: (405) 522-8300. Shepherd Mall is located at the corner of NW 23rd and Villa. Park and enter through the north end glass doors. Take the elevator to the 2nd floor, exit to the left and follow the hallway to the ODMHSAS Training Center, Suite 1F.

How to Receive Your Certificate of Attendance

Certificates of attendance will be distributed at the end of the training. You must complete the entire 1-day training.

Program Schedule

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|---------------|--|
| 8:30 - 10:00 | 1. Mindfulness Meditation
2. The Formation of the Ego Self
3. The Possibility of the True Self |
| 10:00 - 10:15 | Break |
| 10:15 - 12:00 | 4. Mindfulness Meditation
5. The Development of Mindfulness
6. How Addiction mimics a Spiritual experience |
| 12:00 - 1:15 | Lunch |
| 1:15 - 2:45 | 7. Mindful Mediation
8. 9 Aspects of Pre-frontal cortex activity
9. The Role of the Mindful therapist |
| 2:24 - 3:00 | Break |
| 3:00 - 4:15 | 10. Creating new neural pathways
11. Mindful meditation
12. Symbols of therapeutic interventions |

Training Fees

The cost for this training is \$85 if registered by October 31, 2013, and \$135 the day of registration.

Special Accommodations

Sign interpreters and/or other special accommodations required by disabled participants will be available upon advance request (please allow one week's notice). Please indicate on the registration form the type of special accommodations, if any, you require. For requests, call 405-522-8300.

REGISTRATION FORM

Mindfulness and the Spiritual Brain: Tools for Recovery

November 1, 2013

HOW TO REGISTER

Complete the form below and mail it (with payment, if applicable) to:

By Mail: ODMHSAS, Human Resources Development, 2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107

By Fax: Faxed registrations are accepted at **405-522-8320**

Name: _____

Home Phone Number: _____

Occupation or Job Title: _____

Place of Employment: _____

Address: _____

City, State, ZIP: _____

Daytime Phone: _____ **E-Mail Address:** _____

I require special accommodations as follows: _____

PAYMENT

Please enclose registration payment (\$85 if registered by October 31, 2013, \$135 day of training). If paying by purchase order (PO), please mail or fax a copy of the purchase order with the name of the attendee(s) included on the PO. If paying by check or money order please make payable to ODMHSAS. Please check all boxes that apply. **No Refunds.**

Total Amount of Payment:\$ _____

FORM OF PAYMENT

Check or Money Order Purchase Order # _____ Credit Card (circle one): Visa/ Mastercard
Credit card # _____ Expiration Date: _____ Cardholder signature: _____

CONTINUING EDUCATION CREDIT REQUESTED

LPC LMFT LADC CPS CPRSS
 CADC MSW LCSW Case Mgmt Under Supervision Other _____

For information, call Human Resources Development at 405-522-8300.

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