

# **7<sup>TH</sup> ANNUAL PREVENTION & RECOVERY CONFERENCE** **DECEMBER 4-6, 2013**

**EMBASSY SUITES HOTEL & CONVENTION CENTER - NORMAN, OK**



**OKLAHOMA DEPARTMENT OF MENTAL HEALTH & SUBSTANCE ABUSE SERVICES**

## OVERVIEW

The 7th Annual Prevention and Recovery Conference, —Together in Health and Healing, will bring together local, state and national leaders to discuss best practices and promising practices in the areas of prevention, and mental health and substance abuse treatment and recovery. This three-day event will provide participants with practical tools they can utilize in their agencies and communities to assist with facilitating prevention, recovery and overall wellness. The conference is scheduled for Wednesday, Thursday and Friday, December 4-6 at the Embassy Suites, Norman Hotel and Conference Center, located at 2501 Conference Drive, Norman, Oklahoma 73069.

The conference will include learning opportunities in the areas of ethics, clinical supervision, health and wellness, effective therapy practices, peer services and supports, ADSAC, prevention, education, and gambling, as well as in other areas of interest. It will also offer opportunities for inspiration, connection, and motivation.

**Who should attend?** The 7th Annual Prevention and Recovery Conference will appeal to anyone working in the areas of prevention, recovery and overall wellness, including, but not limited to, behavioral health service providers such as: Case Managers, Behavioral Health Rehabilitation Specialists, Therapists, Peer Recovery Support Specialists, Substance Abuse Treatment Professionals, Psychologists, Psychiatrists, Preventionists, Administrators, Educators, Law Enforcement and Criminal Justice representatives, Family Members, and Consumers.

## REGISTRATION AND FEES

Please complete your registration before November 18th. The early-bird rate for the full three-day conference is \$255 (or \$85 per day) if registration is received on or before November 18th. The regular rate of \$405 for the full conference (or \$135 per day) will apply for all registrations received after November 18th. Please indicate on the registration form the days you will attend.

**By Mail:** Complete the form provided and mail to: ODMHSAS, Human Resources Development, 2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107.

**By Fax:** Faxed registrations are accepted at 405-522-8320.

**Cancellation Policy:** The registration fee will be returned *only* if notice of cancellation is provided in writing and postmarked no later than November 18th. After that date, refunds cannot be granted.

**For More Information:** Call the ODMHSAS Human Resources Development office at 405-522-8300 if you have questions about the conference.

## SPECIAL ACCOMMODATIONS

Sign language interpreters or assistive listening devices are available by request. These or other requests for special accommodations should be indicated on the registration form. Conference organizers will contact you for specifics. Please register as early as possible if special accommodations are needed.

## LODGING

The conference will be December 4-6 at the Embassy Suites, Norman Hotel and Conference Center located at 2501 Conference Drive, Norman, Oklahoma 73069. Participants are responsible for making their own reservations. Reservations may be made online by [clicking here](#). Use the group code MHP where prompted. Guests may also make reservations by calling 405-364-8040, and asking for the group name —MHP-Prevention and Recovery.

## DIRECTIONS

Directions to the hotel are available at <http://embassysuites3.hilton.com/en/hotels/oklahoma/embassy-suites-norman-hotel-and-conference-center-OKCESES/maps-directions/index.html#localmap>

## CALL FOR EXHIBITORS

Is your organization one you want others to know about? An exhibit at the 7th Annual Prevention and Recovery Conference will introduce your organization to prevention and behavioral health treatment professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Davon Brown, ODMHSAS Human Resources Development Division, at 405-522-8314 or e-mail her at [Davon.Brown@odmhsas.org](mailto:Davon.Brown@odmhsas.org). To view the exhibitor prospectus [click here](#).

## ODMHSAS “Green” CONFERENCE

Through ODMHSAS’s continued efforts to be environmentally conscious, attendees will receive a link with available conference speaker presentations and handouts a couple of days prior to the conference. This not only will help save paper and printing ink, but also will give you access to some of the information presented in other workshops.

## CONTINUING EDUCATION

Sixteen and one half (16.50) continuing education credit hours have been approved through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, the Licensed Marital and Family Therapist Committee, and the Council on Law Enforcement Education and Training. Continuing education is also approved for Case Managers, Peer Recovery Support Specialists and Certified Prevention Specialists.

Please check in at the registration desk upon your arrival to verify your attendance. Continuing education credit is not provided without verification. At the completion of the conference, all participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training. For more information, call Human Resources Development at (405) 522-8300.

## SOCIAL MEDIA

Stay informed by following [#2013PrevRecConf](#) on Twitter.



### CEU Key

- |                       |                                       |
|-----------------------|---------------------------------------|
| ❶ Ethics              | ❷ LPC Supervisory                     |
| ❸ ODMHSAS Supervisory | ❹ Strengths Based for Case Management |
| ❺ CME                 |                                       |

## FEATURED SPEAKERS



**LaDonna Gatlin**, sister of the legendary country music group, The Gatlin Brothers, grew up on stage, ultimately choosing to follow her heart and "sing a different song" apart from her brothers. Through the years, her journeys have included supporting her husband as he continues to survive a cancer diagnosis; encouraging her father as he battles heart disease; wrestling with Alzheimer's as it touches her loved ones; and watching diabetes and its raging effect on the lives of children close to her. Along the way, she discovered that she suffers from depression, and is on a one woman mission to de-stigmatize mental illness. Her unique ability to combine a strong message on a variety of healthcare topics with her show-stopping music has made her an instant hit with audiences all across America.



**Terri White**, commissioner for the Oklahoma Department of Mental Health and Substance Abuse Services, serves as the CEO for one of Oklahoma's largest state agencies. She is a passionate advocate for individuals experiencing mental illness and addiction. Because of her leadership, ODMHSAS has become nationally known for its children's behavioral health services; community-based treatment programs; technological innovations such as "telepsychiatry;" and the integration of behavioral health care into primary healthcare settings. White was also the first woman to be appointed as Oklahoma Secretary of Health, serving in that capacity for then Governor Brad Henry, from 2009 to 2011. She has been recognized by The Journal Record newspaper as one of Oklahoma's top "Achievers Under 40" and is a three-time honoree of The Journal Record's "50 Women Making a Difference." In 2011, she was inducted into The Anne and Henry Zarrow School of Social Work Hall of Fame at the University of Oklahoma, where she received both her Master of Social Work and her Bachelor of Arts in Social Work.



**David Granirer** is a counselor, stand-up comic, mental health keynote speaker and author of the *Happy Neurotic, How Fear and Angst Can Lead to Happiness and Success*. He performs, maintains a counseling practice and teaches *Stand-Up Comedy Clinic* at Langara College in Vancouver, where he takes people from all walks of life who have had a secret desire to do stand-up comedy and after eight weeks has them on stage performing at a comedy club. Many of his students have gone on to become professional comics, performing at festivals such as Just for Laughs, and on TV shows like Jay Leno and Craig Ferguson. A pioneer in the use of humor to increase wellness, reduce stress, and cope with change, David has also taught stand-up comedy to recovering addicts and cancer patients. His work was profiled in the Global TV documentary *Laughing Through The Pain* and in the Voice Award winning documentary *Cracking Up*. He also founded *Stand Up For Mental Health*, a program teaching stand-up comedy to people with mental illness as a way of building self-esteem and fighting public stigma. Stand Up For Mental Health has groups across Canada and the U.S.

7:30 – 9:00

**REGISTRATION AND CONTINENTAL BREAKFAST**

9:00 – 10:30

**WELCOME**

④

**Terri White, Commissioner, ODMHSAS**

**PLENARY**

**The Thought Of Dying Didn't Scare Me...The Thought Of Living Did. *LaDonna Gatlin.***

In November of 2008, LaDonna reached for a bottle of pills, and the next thing she remembers is her husband's voice repeating her name. Lost in the depths of depression, she was looking for an escape from the pain of living...so she attempted to end it all. It's called suicide. Few are able to get past the stigma our culture places on mental illness. LaDonna watched this disease affect members of her own family until it finally caught her in its clutches. Because of the help she received from compassionate mental health care professionals, her family, and God's "amazing grace," she is alive today to tell the story. LaDonna is a woman on a mission to be the "voice" for mental illness and help eliminate its stigma in this world. Powerfully candid, exceptionally wise, she speaks about her life, her illness, and her daily victories over this invisible disease.

10:30 – 10:45

**BREAK**

10:45 – 12:15

**CONCURRENT WORKSHOPS: SESSION 1**

1-A

**Increased Understanding of the NEEDS Assessment. *James Haggerty.***

This session will provide participants an increased understanding of ADE Incorporated's NEEDS Assessment. A specific focus will be updates to their NEEDS Assessment software, and the ability to tailor the NEEDS Survey to meet program needs. In addition, we will review data gathered from the NEEDS Assessment over the past several years.

1-B

④

**The Rationale of Tobacco Cessation in Mental Health and Addiction Treatment Settings. *Yvon Fils-Aime, MBA, HA.***

This workshop will explore the importance of including tobacco cessation as a part of the consumer's treatment. It will help participants understand the symbiotic relationship between tobacco cessation and recovery, and to apply behavioral health best practices to improve physical health.

1-C

④

**Peer Support. *Jill Amos, BA, CPRSS.***

Every individual has the ability to find a unique path to recovery. Peer Support Specialists can use their experiences and empathy to inspire and encourage consumers of behavioral health services to tap into their own strengths and forge a pathway that works best for them.

1-D

③

**High Involvement Management. *Bryan D. Edwards, Ph.D., Joe Synar Chair of Business.***

High involvement management is a framework demonstrated to increase employee morale and performance by getting employees more involved (or engaged) in their work - all aspects of their work. High involvement management is designed as a guide for managers to develop better relationships in their work groups by focusing on communication, participation and empowerment.

1-E

**Reimbursable Rehabilitation Services for LBHPs and CADCs. *Dawn Talton, CPRP.***

There are key components for providing effective, reimbursable behavioral health rehabilitation services that every LBHP and CADC providing this service should know. Participants of this training will learn about these key components, including how the revisions to provider qualifications for the provision of these services, that went into effect July 1, 2013, specifically impact LBHPs and CADCs.

1-F

**PICIS: Letters of Collaboration & Termination, and PICIS Reports. *Mark A. Reynolds, Ed.D.***

This presentation will review changes related to the process for Letters of Collaboration & Termination, as well as review some important new reports in PICIS.

- 1-G** **Psychotherapy and Suicidal Ideation. *Maureen Underwood, LCSW.***  
 This workshop will provide a framework for addressing suicidal ideation in an outpatient setting by: 1. exploring how and when to ask about suicide; 2. reviewing techniques for developing a safety plan; and 3. outlining steps for management of suicidality in an outpatient setting.
- 1-H** **It Takes Law Enforcement and You to Make a Change. *Erik Smoot, Senior Agent.***  
 It's true: Nine out of 10 people who meet the medical criteria for drug or alcohol abuse or dependence started smoking, drinking or using other drugs before the age of 18. But you can cut the risk by in half just by talking to your kids about drugs and alcohol. ODMHSAS and the ABLE Commission are Teaming Up Against Substance Abuse and presenting the latest facts on how to talk to kids and educate your community about alcohol and drugs!
- 1-I** **Coalitions for Drug-Free Communities: Community Mobilization. *Deacon Dzierzawski.***  
 This workshop provides participants with step-by-step information on mobilizing neighborhoods and practical tips and tools to help coalitions communicate effectively with diverse audiences. Participants learn the different forms of advocacy, why it's important to research issues and build capacity to implement specific strategies, how to recruit allies and the different campaigns that coalitions may use in their communities. Participants will leave this session equipped with the tools and knowledge to gain support from many sectors of their communities.
- 1-J** **Multi-Cultural Dynamics in Problem Gambling. *Rockey Robbins, Ph.D.***  
 This presentation will begin with an overview of historical oppression and a discussion of Native American and African American values as they may be related to problem gambling and its effects. Secondly there will be a discussion of attachment issues as they are related to problem gambling.
- 12:15 – 1:45** **LUNCH ON YOUR OWN**
- 1:45 – 3:15** **CONCURRENT WORKSHOPS: SESSION 2**
- 2-A** **DSM-IV to DSM-5: Achieving Assessment-Informed Treatment. *Norman G. Hoffmann, Ph.D.***  
 This presentation will not simply compare the DSM-IV and DSM-5, but show how the new criteria can be used for outcomes and assessment-informed treatment. Examples for substance use disorders and PTSD will be presented.
- 2-B** **Wellness for the Behavioral Health Professional. *Thomas Belusko, LMFT, LADC.***  
 ④ This workshop is designed to help the behavioral health professional examine issues around self-care in a stressful environment and therefore increase productivity and quality of care for clients who are in their care.
- 2-C** **Introduction to the Dynamics of Adolescents with Substance Use Disorders. *Erin Koos, MSW, LCSW, LADC.***  
 This workshop will introduce participants to the bio-psycho-social dynamics of adolescents with substance use disorders. There will be discussion as to how these unique dynamics affect adolescent substance use, development and treatment. This workshop will be interactive with open discussion and clinical vignettes.
- 2-D** **Ethical Intelligence. Part 1. *Durand H. Crosby, JD.***  
 ① ③ Most people have heard of “multiple intelligence,” or at least some of its better known subparts: emotional intelligence; social intelligence; etc. Durand Crosby will discuss “ethical intelligence,” or knowing how to do “the right thing” all the time. Ethical intelligence may be the most important and useful type of intelligence you can possess, and should be used to guide you through both your professional and personal life.
- 2-E** **Reimbursable Case Management Services for LBHPs and CADCs. *Dawn Talton, CPRP.***  
 There are key components for providing effective, reimbursable behavioral health case management services that every LBHP and CADC providing this service should know. Participants of this training will learn about these key components, including how the revisions to provider qualifications for the provision of these services, that went into effect July 1, 2013, specifically impact LBHPs and CADCs.

- 2-F**  
**4** **Systems of Care and Wraparound in Oklahoma: A Brief Overview for Providers.** *Shannon Lee, BA, CM II; Stacy Williams, BSW, CM II.*  
This workshop will provide participants with an overview of Systems of Care in Oklahoma. Topics will include the location and services offered by SOC sites, as well as how to refer to these sites. Emphasis will be placed on the evidence informed model of Wraparound provided at the sites, including staff members' roles and responsibilities, the guiding principles, and the phases and activities of the process.
- 2-G** **Effectively Utilizing Certified Peer Recovery Support Specialists (CPRSS).** *Jill Amos, BA, CPRSS.*  
Peer Support is a fairly new and growing aspect of behavioral health treatment. Because the role is new, many providers are not sure what roles/job duties Peers can perform. This workshop will focus on helping providers brainstorm what unique tasks a Certified Peer Recovery Support Specialist (CPRSS) can perform for the consumers they serve and help maximize billing opportunities.
- 2-H** **When the Worst Happens: Trauma and Recovery.** *Maureen Underwood, LCSW.*  
This interactive workshop will review the characteristics of traumatic events and discuss features of short and long term recovery. It will focus on the reinforcement of resiliency skills, especially for children and families, and engage participants through interactive exercises.
- 2-I** **One State's Experience with Marijuana Legalization (Prevention Challenges).** *Stan Paprocki.*  
An overview of Colorado's experience with marijuana legalization beyond medical use and implications for prevention.
- 2-J** **Gambling Addiction: A Historical Look at Theory and Our Views Today.** *Wiley D. Harwell, D.Min., LPC, NCGC-II.*  
This workshop gives the background themes of nineteenth century literature which are a basis of addiction theory today. Gambling addiction is well chronicled in literature, and much of what has been written in the past is relevant to our current day understanding of problem gambling and the need to treat it as an addiction.
- 3:15 – 3:30** **BREAK**
- 3:30 – 5:00** **CONCURRENT WORKSHOPS: SESSION 3**
- 3-A** **Assessing DUI/DWI Offenders with TAAD-5.** *Norman Hoffmann, Ph.D.*  
This presentation will discuss the impact of the DSM-5 on the assessment of offenders with emphasis on DUI/DWI offenders. Data from both correctional and driving offenders will be used to illustrate how the DSM-5 will affect diagnostic and referral issues.
- 3-B**  
**4** **Integrating Wellness Into Treatment.** *David Health Holt, MHR; Elizabeth Black, LADC.*  
This training will focus on incorporating nutrition, physical activity, and tobacco cessation into the treatment and recovery of persons with behavioral health concerns. Participants will learn about the health disparity between persons served and the general population, the factors that lead to it and strategies to reduce it. Participants also will be provided with resources they can reference in creating a culture of wellness for both staff and consumers.
- 3-C** **Domestic Violence: Dynamics, Safety, Resources.** *Kristie Mitchell, MSW.*  
Come and soak up information pertaining to individuals you serve who have experiences with domestic violence. Oklahoma ranks third in the nation for domestic violence related homicides, and your knowledge on this subject could save a life.
- 3-D**  
**1 3** **Ethical Intelligence. Part 2.** *Durand H. Crosby, JD.*
- 3-E**  
**4** **SSI/SSDI - An Overview.** *Bruce E. Smith.*  
This presentation will help explain the criteria for Supplemental Security Income and Social Security Disability Insurance, and will take a look at some of the non-medical and medical criteria.

**3-F** **The Effects of Addiction, Co-Dependency and Family Systems Over Generations. *Rusty Gillette, LPC, LADC.***

This workshop will provide in-depth insight into the correlation between co-dependency, substance abuse and how it affects the family system. It will also cover how the amount of fusion that an individual attaches to the family system will affect how well they will become autonomous as adults.

**3-G** **Preparing for Court: Writing Reports & Taking the Stand. *Dewayne Moore, JD.***

This workshop will discuss appropriate methods of writing reports for court, and testifying in court based on those reports.

**3-H** **Assessment and Management of Clients with Suicidal Ideation. *Maureen Underwood, LCSW.***

Starting with a behavioral definition of suicide, this workshop will outline the topics to be considered in a suicide assessment. It will review documentation requirements and outline specific suicide crisis stabilization techniques.

**3-I** **Coalitions for Drug-Free Communities: Sustainability. *Deacon Dzierzawski.***

Building on the "don't leave your future to chance" paradigm, this course focuses on how to develop and carry out a plan that ensures that the coalition's core functions will be supported over the long term and that the coalition's key community initiatives and activities (programs, policies and practices) will continue long after current leaders have moved on.

**3-J** **Feeding the spirit: Native American Storytelling as Healing. *Roger Fernandes, Storyteller/Educator.***



This workshop will look at how storytelling was traditionally used to help people in struggle find their own answers to their own problems. Within all stories are "teachings" that can guide and instruct. The stories shared in the workshop will be reflected upon and discussed by the audience to find those elements of wisdom and teaching and how those concepts can be used in counseling and educational settings.

**5:30 – 6:30**

**OPEN 12-STEP MEETING**



7:30 – 9:00

**REGISTRATION AND CONTINENTAL BREAKFAST**

9:00 – 10:30

**WELCOME**

***Carrie Slatton-Hodges, Deputy Commissioner for Treatment and Recovery, ODMHSAS***

**PLENARY**

**A Discussion with Community Leaders. Moderated by Terri White, Commissioner, ODMHSAS.**

As Commissioner for the Oklahoma Department of Mental Health and Substance Abuse Services, Terri White works in partnership with hundreds of political, civic, business and non-profit leaders. Many are directly involved in the treatment and prevention of mental illness and substance abuse, and know the impact of these illnesses when not addressed. This session features a panel of community leaders, moderated by Commissioner White, discussing why treatment and prevention is making a difference in their organization, community and state.

10:30 – 10:45

**BREAK**

10:45 – 12:15

**CONCURRENT WORKSHOPS: SESSION 4**

4-A

**Motivational Interviewing: Applying Skills with Mandated Clients. *DuAne L. Young, MS.***

This workshop will focus on applying Motivational Interviewing skills with mandated clients and moving them from compliance to change.

4-B

④

**The Rationale of Tobacco Cessation in Mental Health and Addiction Treatment Settings. (Repeat) *Yvon Fils-Aime, MBA, HA.***

This workshop will explore the importance of including tobacco cessation as a part of the consumer's treatment. It will help participants understand the symbiotic relationship between tobacco cessation and recovery, and to apply behavioral health best practices to improve physical health.

4-C

④

**Oklahoma's Young Adults in Transition. *Marqus Butler, MHR.***

This workshop will provide behavioral health professionals a comprehensive array of service and support techniques, which will assist young adults to make a successful transition to adulthood. The workshop will address: 1. Elements of a successful transition plan for young people with severe emotional disturbance and/or severe persistent mental illness; 2. How to improve community integration for young people in transition; and, 3. How to identify support and services within life domains (housing, employment, education and community life functioning).

4-D

③

**Leading for Creativity and Innovation. *Tracy A. Suter, Ph.D.***

Leadership takes many forms and is discussed in a wide variety of ways from multiple perspectives. This discussion focuses on leading to facilitate organizational creativity and innovation. The goal is to leave participants with some tools and techniques to allow for different perspectives on both old and new challenges.

4-E

**The Effects of Addiction, Co-Dependency and Family Systems Over Generations. (Repeat) *Rusty Gillette, LPC, LADC.***

This workshop will provide in-depth insight into the correlation between co-dependency, substance abuse and how it affects the family system. It will also cover how the amount of fusion that an individual attaches to the family system will affect how well they will become autonomous as adults.

4-F

**PICIS: Letters of Collaboration & Termination, and PICIS Reports. (Repeat) *Mark A. Reynolds, Ed.D.***

This presentation will review changes related to the process for Letters of Collaboration & Termination, as well as review some important new reports in PICIS.

- 4-G** **Exploring Effective Therapeutic Options for LGBT Communities.** *Paul Williams, MA, NCC, LPC.*  
This workshop provides a primer in affirmative therapy and the forming of treatment objectives that are unique to LGBT clients, defining key principals of evidence-based treatment as well as helping individuals navigate unique challenges, family cultural constellations and other issues related to the LGBT person.
- 4-H** **Mental Health First Aid Youth Pilot Program.** *Dane Libart, LCSW.*  
This workshop will inform participants about a new state program to assist and identify at risk youth in K-12 schools.
- 4-I** **Prevention Strategies: The Good Behavior Game & Triple P.** *Dennis D. Embry, Ph.D.; Claire Richardson.*  
This workshop will provide an overview of two effective, evidenced-based prevention strategies: The Good Behavior Game (strategies used in a classroom or school), and the Triple P – Positive Parenting Program (strategies used by parents).
- 4-J** **African Americans and Problem Gambling.** *Victor Ortiz, MSW, CADC II, LADC II.*  
This workshop will discuss African-American cultural issues and their relationship to problem gambling. It will explore barriers to prevention, intervention, treatment, and recovery, and discuss strategies and techniques that promote wellness. The workshop will discuss and review African-American cultural characteristics and their relevance to social services practice. Also, service providers will gain education, resources, and current outreach efforts.
- 12:15 – 1:45** **LUNCH ON YOUR OWN**
- 1:45 – 3:15** **CONCURRENT WORKSHOPS: SESSION 5**
- 5-A** **Interactive Journaling for ADSAC.** *DuAne L. Young, MS.*  
This workshop will focus on new techniques and skill acquisition for ADSAC instructors.
- 5-B** **Integrating Wellness Into Treatment. (Repeat)** *David Health Holt, MHR; Elizabeth Black, LADC.*  
④ This training will focus on incorporating nutrition, physical activity, and tobacco cessation into the treatment and recovery of persons with behavioral health concerns. Participants will learn about the health disparity between persons served and the general population, the factors that lead to it and strategies to reduce it. Participants will also be provided with resources which they can reference in creating a culture of wellness for both staff and consumers.
- 5-C** **Trauma Informed: Creating Cultures of Hope and Resilience.** *Gwendolyn Downing, LPC.*  
④ Understanding the psychological and physiological impact of trauma allows us to develop a trauma informed services system that creates safety, instills hope, and builds resilience, not just for those we serve, but for ourselves and our community. This session will focus on what is trauma, its effects and the differences between being trauma informed and providing trauma specific services.
- 5-D** **LPC Supervision. Part 1.** *Nellie Meashintubby, MBS, LPC, LADC, LADC-MH; Carmen Buller, LPC.*  
② ③ This workshop will provide participants with knowledge regarding current changes to LPC law, and will address concerns and issues supervisors may experience in the field. Case scenarios of ethical issues of supervision will be reviewed.
- 5-E** **ASAM Overview.** *Ray Caesar, LPC, LADC-MH.*  
This presentation will provide a general summary of current American Society of Addiction Medicine Patient Placement Criteria including philosophy, issues and trends. The participant will be directed toward available resources specific to ASAM. This presentation should provide the participant with the information needed to develop a basic understanding of the intent and applicability of the ASAM Patient Placement Criteria.

- 5-F** **Reimbursable Rehabilitation Services for LBHPs and CADCs. (Repeat) Dawn Talton, CPRP.**  
 There are key components for providing effective, reimbursable behavioral health rehabilitation services that every LBHP and CADC providing this service should know. Participants of this training will learn about these key components, including how the revisions to provider qualifications for the provision of these services, that went into effect July 1, 2013, specifically impact LBHPs and CADCs.
- 5-G** **Parity for Patriots: Meeting the Mental Health Needs of Military Personnel, Veterans and Their Families. Part 1. Traci Cook, MS.**  
 Early identification and military-informed care, specifically tailored to war experiences, can successfully return those who have served to full civilian life and prevent escalating long-term costs of untreated mental disorders. In order to adequately serve our nation's heroes and their families, we must ensure mental health parity so they can access services, education, and support when and where they are needed.
- 5-H** **Public Health Perspective and Epidemiology of Suicide Prevention. Bryan Stice, Ph.D.**  
 This workshop will approach the problem of suicide, and suicide prevention, from a public health standpoint. Public health models of suicide prevention will be reviewed as well as the application of such methods. Epidemiology of suicide, sources of mortality data and a review of publicly available mortality data will also be addressed.
- 5-I** **Prevention Strategies: The Good Behavior Game & Triple P. (Repeat) Dennis D. Embry, Ph.D.; Claire Richardson.**  
 This workshop will provide an overview of two effective, evidenced-based prevention strategies: The Good Behavior Game (strategies used in a classroom or school), and the Triple P – Positive Parenting Program (strategies used by parents).
- 5-J** **Latinos/Latinas and Problem Gambling. Victor Ortiz, MSW, CADC II, LADC II.**  
 This workshop will discuss Latinos/Latinas cultural issues and their relationship to problem gambling. It will explore barriers to prevention, intervention, treatment and recovery, and discuss strategies and techniques that promote wellness. The workshop will discuss and review Latinos/Latinas cultural characteristics and their relevance to social services practice. Also, service providers will gain education, resources and current outreach efforts.
- 3:15 – 3:30** **BREAK**
- 3:30 – 5:00** **CONCURRENT WORKSHOPS: SESSION 6**
- 6-A** **Interactive Journaling. DuAne L. Young, MS.**  
 This workshop will focus on utilizing interactive journaling as a tool for change.
- 6-B**  
**④** **WHOLE 101. David Health Holt, MHR; Elizabeth Black, LADC.**  
 Participants will receive an overview of the Whole Health Optimizing Lifestyle & Environment (WHOLE) wellness coaching program. WHOLE is derived from research, focused on the mind-body connection, and is divided into five parts including: Stress and Relaxation; Physical Activity, Nutrition and Sleep; Service and Support Networks; Sustaining a Positive Attitude; and Spirituality. The WHOLE program helps wellness coaches develop weekly action plans and emphasizes intentional and obtainable changes.
- 6-C** **Disaster 101: Mental Health Response in Oklahoma Disasters. Thomas R. Thomson, M.Ed., LPC; Tania Rubio-Rosas, LCSW.**  
 Natural and man-made disasters have been shown to have a much larger psychological footprint than a physical footprint. Participants in this workshop will learn the importance of mental health response post-disaster; basic concepts of disaster mental health; and some examples of ODMHSAS responses to Oklahoma disasters.
- 6-D**  
**② ③** **LPC Supervision. Part 2. Nellie Meashintubby, MBS, LPC, LADC, LADC-MH; Carmen Buller, LPC.**

6-E

④

**Recovery Oriented Systems of Care. *Ray Caesar, LPC, LADC-MH.***

This workshop will introduce participants to the model referred to as Recovery Oriented Systems of Care (ROSC). This workshop will address how ROSC can enhance the current service delivery system. The basic concepts related to ROSC will be presented.

6-F

**Reimbursable Case Management Services for LBHPs and CADCs. (Repeat) *Dawn Talton, CPRP.***

There are key components for providing effective, reimbursable behavioral health case management services that every LBHP and CADC providing this service should know. Participants of this training will learn about these key components, including how the revisions to provider qualifications for the provision of these services, that went into effect July 1, 2013, specifically impact LBHPs and CADCs.

6-G

**Parity for Patriots: Meeting the Mental Health Needs of Military Personnel, Veterans and Their Families. Part 2. *Traci Cook, MS.***

6-H

**An Introduction to SBIRT: Alcohol Screening. *Dane Libart, LCSW.***

This fun and informative workshop will provide everything you need to know to implement an alcohol screening protocol within your setting.

6-I

**Impact of Increased Alcohol Availability and Strategies for Minimizing Effects. *Darin Erickson, Ph.D.***

As alcohol becomes more available to youth, use and problems increase. Fortunately, there are a number of effective policies and strategies for reducing access and problems. Research, focusing on specific strategies and how to implement them in your community, will be highlighted.

6-J

④

**The Importance of a Strengths Assessment. *Kodi Pollard, MA, CM II.***

The Strengths Assessment focuses on understanding the client in terms of their strengths. It looks at the client's abilities, knowledge, past successes, resources, and desires that can be used to help them meet their goals. This workshop will provide an overview of this tool, its uses and overall benefit for optimal treatment outcomes and recovery.

5:30 – 6:30

**OPEN 12-STEP MEETING**



8:00 – 9:00

**REGISTRATION AND CONTINENTAL BREAKFAST**

9:00 – 10:30

**CONCURRENT WORKSHOPS: SESSION 7**

7-A

**Basic Safety Training for Home Based Professionals. Part 1. Lance Schroyer, Lieutenant- State Law Enforcement, Defensive Tactics Instructor, Tactical Team Member.**

This workshop will assist participants with understanding stress responses and other safety considerations.

7-B

④

**The Rationale of Tobacco Cessation in Mental Health and Addiction Treatment Settings. (Repeat) Yvon Fils-Aime, MBA, HA.**

This workshop will explore the importance of including tobacco cessation as a part of the consumer's treatment. It will help participants understand the symbiotic relationship between tobacco cessation and recovery, and to apply behavioral health best practices to improve physical health.

7-C

**Older Oklahomans: Mental Health and Substance Abuse. Karen Orsi.**

This workshop will address the unique considerations for older Oklahomans with regards to Mental Health and Substance Abuse issues.

7-D

① ③

**Ethical Dilemmas While Meeting Mental Health Care Needs. Part 1. C. Allen Shaffer, Ph.D., JD.**

This presentation will provide an overview of boundary and other ethical issues encountered when delivering mental health services, as well as guidelines for solutions. This program focuses on ethical issues encountered in a variety of clinical situations, including psychotherapeutic relationships, confidentiality and financial conflicts of interest. The program includes a variety of actual case examples.

7-E

**PICIS: Letters of Collaboration & Termination, and PICIS Reports. (Repeat) Mark A. Reynolds, Ed.D.**

This presentation will review changes related to the process for Letters of Collaboration & Termination, as well as review some important new reports in PICIS.

7-F

**DSM-5: For Addiction, Mental Health and Corrections Clinicians. Cardwell C. Nuckols, Ph.D.**

In May of 2013 DSM-5 became the new standard for diagnosis of psychiatric disorders. These changes will impact the way clinicians understand, communicate about and diagnose their clinical findings. This will be a clinical presentation helping the therapist understand the changes in the system in ways relevant to everyday practice.

7-G

**NABVETS Program. DeNeese McLaughlin, CPRSS, Accredited Veteran Service Officer; Rev. James A. Greenwood.**

This workshop will provide an overview of the National Association of Black Veterans (NABVETS) program to assist veterans who have served our country and have come home with medical and mental health issues.

7-H

**Prescription Drug Abuse in Oklahoma. Jessica Hawkins; Don Vogt, MSCIS; Pam Archer, MPH.**

This workshop will review, in panel format, the state of non-medical use of prescription drugs in Oklahoma, present progress in implementing the state plan, and highlight emerging innovations and challenges in addressing the problem.

7-I

**Engaging the Faith Community to address Substance Abuse. Drew Brooks, BA; Jan Tipton, CPS.**

This interactive workshop will help to equip prevention and recovery support service providers to engage the faith community to address substance abuse issues. Efforts will be made to identify common ground in developing a collaborative relationship with the faith community. Each participant will explore the role they can play in building capacity around the strategic prevention framework and the recovery-oriented system of care.

- 7-J** **Effective Advocacy. *Deneka Cain, JD.***  
This workshop will review key considerations and strategies for becoming an effective advocate.
- 10:30 – 11:00** **BREAK**
- 11:00 – 12:30** **CONCURRENT WORKSHOPS: SESSION 8**
- 8-A** **Basic Safety Training for Home Based Professionals. Part 2. *Lance Schroyer, Lieutenant- State Law Enforcement, Defensive Tactics Instructor, Tactical Team Member.***
- 8-B**  
④ **Seven Steps to a Happier Life. *R. Murali Krishna, MD.***  
This workshop will outline seven steps to a happier life through discovering the healing power of the mind, body and spirit connection.
- 8-C**  
④ **Trauma Informed: Creating Cultures of Hope and Resilience. Repeat. *Gwendolyn Downing, LPC.***  
Understanding the psychological and physiological impact of trauma allows us to develop a trauma informed services system that creates safety, instills hope, and builds resilience, not just for those we serve, but for ourselves and our community. This session will focus on what is trauma is, its effects and the differences between being trauma informed and providing trauma specific services.
- 8-D**  
① ③ **Ethical Dilemmas While Meeting Mental Health Care Needs. Part 2. *C. Allen Shaffer, Ph.D., JD.***
- 8-E**  
④ **Employment Supports for Individuals with Disabilities. *Irene Martin, M.Ed.; Debi Trout, Masters in Rehabilitation for the Blind; Herman Smith, Program Manager- S&S Career Services; Cathy Hirsh, MA, CRC.***  
For many disabled individuals, employment has never occurred or has not been successful due to a lack of adequate supports. While there are many different kinds of supports, from a device to a natural support in the work place, one of the first tasks for a DRS counselor or employment consultant is to identify the supports needed to assist the individual to find successful employment in his/her job choice. During this session, panelists will share information about different kinds of employment supports and how supports can lead to successful employment.
- 8-F** **Treating The Angry and Aggressive Client. *Cardwell C. Nuckols, Ph.D.***  
This presentation will look at anger as a symptom of numerous psychiatric disorders including addiction, as a learned coping survival strategy, as a manifestation of the ego, in relationship to self-esteem, etc. To enhance clinical skills, the latest scientific understanding of this group of clients will be addressed while placing emphasis on verbal management, behavioral and pharmacological stabilization along with the demonstration of empirically proven clinical strategies such as relaxation and cognitive-behavioral technique.
- 8-G** **Preparing for Court: Writing Reports & Taking the Stand. (Repeat) *Dewayne Moore, JD.***  
This workshop will discuss appropriate methods of writing reports for court, and testifying in court based on those reports.
- 8-H** **It Takes Law Enforcement and You to Make a Change. (Repeat) *Erik Smoot, Senior Agent.***  
It's true: 9 out of 10 people who meet the medical criteria for drug or alcohol abuse or dependence started smoking, drinking or using other drugs before the age of 18. But you can cut the risk by in half just by talking to your kids about drugs and alcohol. ODMHSAS and the ABLE Commission are Teaming Up Against Substance Abuse and presenting the latest facts on how to talk to kids and educate your community about alcohol and drugs!
- 8-I** **Opioid Overdose Prevention and Reversal. *Sarah Ruiz.***  
Opioid overdose is one of the leading causes of deaths in Massachusetts. Some examples of opioids include Heroin, Oxycodone, Methadone, Fentanyl, Codeine, & Morphine. In order to save lives, the Massachusetts Department of Public Health is conducting a pilot project to distribute a medication called nasal naloxone that can reverse an opioid overdose. This workshop will take a look at the pilot project.

8-J

**Emerging Drug Trends. Scott Schaeffer, RPh, DABAT.**

Drugs of abuse continually rise and fall in popularity, and new drugs are constantly being introduced. This workshop will take a look at synthetic drugs of abuse as well as newer methods of manufacture and abuse of older drugs.

12:30 – 2:30

4

**LUNCHEON**

**WELCOME**

**Steve Buck, Deputy Commissioner of Communication and Prevention, ODMHSAS**

**Durand Crosby, Chief Operating Officer, ODMHSAS**

**PLENARY**

**Humor Your Stress with Laughter: Using Humor to Promote Stress Management. David Granirer.**

In today's workplace, stress and change are major challenges to everyone's well-being. Laughter is the cure, the best medicine, cod liver oil for the soul. And the wonderful thing is that unlike cod liver oil, a dose of laughter is not only good for you, it also feels good to take!





7TH ANNUAL PREVENTION AND RECOVERY CONFERENCE

TOGETHER IN HEALTH AND HEALING

December 4-6, 2013



REGISTRATION

Name: \_\_\_\_\_

Occupation or Job Title: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Require special accommodations as follows: \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

CHECK "Full Conference" OR Check ALL individual days that apply

EARLY BIRD RATE (by Nov. 18)

REGULAR RATE (after Nov..18)

<input type="checkbox"/> Full Conference (3 days)	\$255	\$405
<input type="checkbox"/> Dec.. 4	\$ 85	\$135
<input type="checkbox"/> Dec. 5	\$ 85	\$135
<input type="checkbox"/> Dec. 6	\$ 85	\$135
<b>Total Due:</b>	<b>\$ _____</b>	<b>\$ _____</b>

FORM OF PAYMENT

- Check or Money Order       Purchase Order       ADSAC: ADSAC Assessor or Facilitator in Good Standing
- Credit Card (circle one):      Credit card # \_\_\_\_\_      Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_
- Visa       MasterCard      Cardholder Signature \_\_\_\_\_

CONCURRENT WORKSHOP PREFERENCES

Please enter the applicable letter ("A" through "K") of the workshop you would like to attend during each of the sessions listed below. Only one letter should be entered per session.

Day/Date	Concurrent Session #	Time	Session Letter
<b>Wednesday Dec. 4</b>	Session 1	10:45am – 12:15pm	1-
	Session 2	1:45pm – 3:15pm	2-
	Session 3	3:30pm – 5:00pm	3-
<b>Thursday Dec. 5</b>	Session 4	10:45am – 12:15pm	4-
	Session 5	1:45pm – 3:15pm	5-
	Session 6	3:30pm – 5:00pm	6-
<b>Friday Dec. 6</b>	Session 7	9:00am – 10:30am	7-
	Session 8	11:00am – 12:30pm	8-

CONTINUING EDUCATION REQUESTED

- |                                       |                               |  |  |
|---------------------------------------|-------------------------------|--|--|
| <input type="checkbox"/> CME          | <input type="checkbox"/> LBP  | <input type="checkbox"/> CADC            | <input type="checkbox"/> C PS                |
| <input type="checkbox"/> Psychologist | <input type="checkbox"/> LCSW | <input type="checkbox"/> Case Management | <input type="checkbox"/> ODMHSAS Supervisory |
| <input type="checkbox"/> LPC          | <input type="checkbox"/> LSW  | <input type="checkbox"/> P-RSS           | <input type="checkbox"/> Under Supervision   |
| <input type="checkbox"/> LMFT         | <input type="checkbox"/> LADC | <input type="checkbox"/> CLEET           | <input type="checkbox"/> Other _____         |

Submit by Fax: (405) 522-8320

By Mail: Human Resources Development Division, 2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107