

FEVER/MILD DISCOMFORT

Fever is defined as an elevated body temperature greater than **100°F**.

History:

- Pain
- Chills, sweating or flushing
- Medications/immunizations
- Fatigue
- Recent
 - Illness or injury
 - Exposure to sick individuals
 - Heat exposure
 - Travel

Acetaminophen					
Dose Frequency= one dose every 4 hours					
Weight	Age	Children's liquid 160 mg/5 ml		Adult Tablets 325 mg	Adult Tablets 500 mg
6-11 lbs.	0-3 mo.	¼ tsp	1.25 ml		
12-17 lbs.	4-11 mo.	½ tsp	2.5 ml		
18-23 lbs.	12-23 mo.	¾ tsp	3.75 ml		
24-35 lbs.	2-3 yrs.	1 tsp	5 ml		
36-47 lbs.	4-5 yrs.	1 ½ tsp	7.5 ml		
48-59 lbs.	6-8 yrs.	2 tsp	10 ml		
60-71 lbs.	9-10 yrs.	2 ½ tsp	12.5 ml	1 tab	
72-95 lbs.	11 yrs.	3 tsp	15 ml	1-1.5 tabs	
96+ lbs.	12 yrs.-Adult	4 tsp	20 ml	2 tabs	2 tabs

Assessment:

- Obtain vital signs:
 - Increased pulse/respiration rate.
- Assess for:
 - Dehydration status (skin turgor/mucous membrane dryness), level of consciousness.
 - Severity of pain/fever/duration.
 - Signs of infection (reddening skin, pain, pus).
 - Skin condition (rash, sores, dryness, sweating).
 - Stiff neck or headache.

Treatment:

- Remove excess clothing.
- Acetaminophen or ibuprofen as recommended on dosing chart.
- Increase fluids and rest.
- Monitor vital signs regularly.
- Medicate on a regular schedule.

Ibuprofen				
Dose Frequency= one dose every 6 to 8 hours				
Weight Pounds (lbs.)	Age <small>Under 6 months consult dr.</small>	Children's Suspension 160 mg/5 ml		Adult Tablets 200 mg
12-17	6-11 mo.	¼ tsp	2.5 ml	
18-23	12-23 mo.	¾ tsp	3.75 ml	
24-35	2-3 years	1 tsp	5 ml	
36-47	4-5 years	1 ½ tsp	7.5 ml	
48-59	6-8 years	2 tsp	10 ml	1 tabs
60-71	9-10 years	2 ½ tsp	12.5 ml	1 tabs
72-95	11 years	3 tsp	15 ml	2 tabs
Over 96	12+ years	4 tsp	20 ml	2 tabs

Refer to Primary Care Provider:

- Any infant less than 6 months old.
- Any child with a temperature greater than **102°**.
- Pulling at ears or rash.
- If the fever has lasted greater than 2-3 days and/or has no apparent cause.

Call EMS:

- *Children*
 - Is lethargic, not eating and appears ill or toxic.
 - Has a known serious medical condition: sickle cell, heart problems, diabetes.
 - Has symptoms of other serious conditions: seizure, trouble breathing, abdominal pain, vomiting, stiff neck.
- *Adults*
 - Has light sensitivity, stiff neck or severe headache unrelieved by medication.
 - Has behavior change like confusion, hallucinations or is combative.
 - Has symptoms of other serious conditions: trouble breathing, vomiting, pain in the chest, abdomen or back.