

## Case Study #2 – AT Category: Daily Living (SETT)

**Student (Individual)** – Adult with arthritis

**Environments** – home kitchen

**Tasks** – meal preparation

**Tools** – Does the individual already have access to tools?

**Low-Tech**

**Mid-Tech**

**High-Tech**

Built-up handled knife – Rocking "T" knife – Cutting board with food stabilizer – Filet cut-proof ambidextrous glove

Gripper jar opener – Adapted can opener – Lettuce knife

STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column

STEP 2: Enter promising tools in the shaded left column - 1 tool per row

STEP 3: Note whether each tool matches a descriptor by placing an "X" in each of the applicable white boxes

Descriptors 	Larger grasping surface	Compensates for decreased wrist range of motion	Allows for use of only one hand	Compensates for limited control or strength	Lightweight	Enhances safety
Tools 						
<a href="#">Built-up handled knife</a>	X			X		
<a href="#">Rocking "T" knife</a>		X		X		
<a href="#">Cutting board with food stabilizer</a>			X			X
<a href="#">Gripper jar opener</a>				X	X	
<a href="#">Adapted can opener</a>				X	X	
<a href="#">Lettuce knife</a>					X	X
<a href="#">Filet cut-proof ambidextrous glove</a>						X

Modified from Joy Zabala's SETT Scaffold for Tool Selection by Oklahoma ABLE Tech

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SETT forms and additional resources are available for download at <http://www.joyzabala.com>.