

## Case Study #1 – AT Category: Daily Living (SETT)

**Student** – diagnosed with cerebral palsy; has high muscle tone

**Environments** – school cafeteria; home dining/kitchen

**Tasks** – feeding self

**Tools** – Does the individual already have access to tools?

**Low-Tech**

**Mid-Tech**

**High-Tech**



STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column

STEP 2: Enter promising tools in the shaded left column - 1 tool per row

STEP 3: Note whether each tool matches a descriptor by placing an “X” in each of the applicable white boxes

Descriptors	Larger grasping surface	Compensates for decreased wrist flexion	Compensates for decreased wrist deviation	Assists with stability	Assists with limited hand control	Requires only switch activation
Tools						
<a href="#">Foam to build up handles</a>	X				X	
<a href="#">Curved-handled utensil</a>	X		X		X	
<a href="#">Utensil hand clip</a>		X	X		X	
<a href="#">Modified Plates</a>				X	X	
<a href="#">Swivel utensil</a>		X		X		
Meal Buddy			X			X
Neater Eater			X		X	X

Modified from Joy Zabala’s SETT Scaffold for Tool Selection by Oklahoma ABLE Tech

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SETT forms and additional resources are available for download at <http://www.joyzabala.com>.