

Health Nut Café Coming To The Jim Thorpe Building



OMES Capital Assets Management division is pleased to announce the grand opening of the new Jim Thorpe Snack Bar. It is scheduled to open before August 1, 2016. OMES selected the Health Nut Café to operate the snack bar. Health Nut Café is a health-conscience deli dedicated to providing a fresh and nutritious alternative to fast food. Menu items include salads, wraps, melts, sandwiches and fresh fruit smoothies.

Charlie Effinger and Melissa Milburn had first-hand experience in trying the Health Nut Café. Charlie had the Greek Wrap made with grilled chicken, feta cheese, tomatoes, black olives, romaine lettuce and vinaigrette dressing on a spinach tortilla. Charlie said it was the best wrap he had ever had! Melissa tried the Quesadilla Melt made with grilled chicken, pepper jack cheese,

onions, bell peppers, tomatoes and chipotle mayo on a jalapeno cheese tortilla. "It was delicious!", said Melissa. They also tried the Matcha Peachy specialty smoothie with fresh peaches, banana, honey and matcha. Matcha is a finely ground powder of specially grown processed green tea.

A big thank you to the Oklahoma Corporation Commission for purchasing the chairs and tables for the snack bar. All State Capitol Complex employees are invited to come try the Health NutCafé at the Jim Thorpe Building located at 2101 N. Lincoln. The Jim Thorpe Snack Bar hours are from 7:00 am to 5:00 pm, Monday through Friday, excluding state holidays. The seating area is spacious, offering plenty of space to have a meeting or meeting someone for breakfast or lunch. Come check it out!



Welcome Brian Wright



REALS is happy to introduce our newest employee, Brian Wright. Brian has 17 years of professional administrative experience and a wide range of skill sets that include presentation skills, reporting, technical writing and quality control. He graduated from Oklahoma City Community College with an Associates Degree in Science for Business. Prior to coming to the state, Brian worked for Paycom as a Tax Specialist and also was employed with Cox Communications as a Revenue/Margin Assurance Specialist. Brian was also the past president of the Toastmasters for 2011. We are excited to welcome Brian as part of our team!

It's That Time of Year Again

REALS staff will soon be contacting all agencies, boards, commissions and public trusts with the State of Oklahoma as the beneficiary to update the real property inventory for the 2016 Real Property Asset Report. Information will be gathered and updated starting June 27, 2016. The State of Oklahoma owns a diverse and widely distributed array of properties. Included are historical properties, public colleges and universities, prisons, highways and rights-of-way, state parks and lodges, visitor's centers and offices that transact state buildings in all 77 counties. The State of Oklahoma owns 81 million square feet of space. Colleges and universities represent 64 percent of the state-owned property.

For more information on the Annual Real Property Asset Report please visit the OMES website.

Questions or comments? Email us at inforeals@omes.ok.gov or call 405-521-3819.

REALS is dedicated to assisting state agencies, boards, and commissions with their leasing needs. Please contact us if you have any questions or need assistance with your leased space at:

Melissa Milburn, Director

Carie Carman, Deputy Director

Jennifer Ramsey, Real Property Manager

Carlisa Hudspeth, Land Inventory Management Specialist

Ramona Parker, Real Property Specialist

Raquel White, Real Property Specialist

Brian Wright, Real Property Specialist